

A Family Focus
(A Form for Strengthening Self Concepts)

Name: _____
(Subject of the survey)

Date: _____

Introduction: People's self concepts are strongly influenced by what they **feel** others important in their lives think of them. Yet they so often go through life without a very good understanding of what others **really** see in and enjoy about them.

This form is designed, with minimal risk, to help family members or members of a small "family" group of people closely associated with each other develop a more accurate awareness of the strengths or positive qualities others see in them.

After "family" members have each entered their comments on a rotating form for each member, the forms are to be returned to the persons who are the subject of each survey form.

The following are perhaps the greatest qualities or strengths I enjoy seeing in the above-named person:

(Participant's Signature)

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